

Join **RHYTHM OF THE EARTH'S CIRCLE OF STONES** and *Grandmother Cyndy Paige*
"Eagle Medicine - Spring Quadrant" of the Medicine Wheel
Every other Thursday evening from 6:30 pm – 9:00 pm EST beginning 4/4/24 and ending
6/13/24.



Come and steep yourself in the Spring quadrant of the Medicine Wheel, and six evenings of experiences, celebrations, journeys, ceremonies, sound healing, ancient sacred chants, and powerful integrative healing opportunities that will inspire and guide you to connect with and embody the energies of the Spring, the realm of the Mental, the element of Air, and the medicine of Eagle. Eagle teaches us about new beginnings and the Medicine Wheel of Life teaches us through the

landscape of Spring. As we watch the tiny sprouts emerge from the barren landscape of winter and the leaf buds unfurl on the trees, we get curious about what is ready to be born in our own lives. We listen to the birds singing their mating songs and we get excited about new possibilities, creations, and projects that are quivering within us, ready to be brought to the surface of our consciousness. Nature and shamanic practices inspire us to grow ourselves.

Shamanism is a very sacred practice that allows us to feed ourselves with ancient teachings that have been passed down from generation to generation. It is believed to be the oldest integrative healing modality on the planet. Shamanism provides us with a lifetime process and its power is truly *felt in the bones* with ripples of direct revelation and inspiration. For those with no shamanic experience or a desire to revisit the skill set, a prerequisite to experiencing your first quadrant of the wheel is **Self-Healing Through Shamanic Journey** either in-person (3/10/24) in Vass (Woodlake) NC or live online on Tuesday evenings (3/12, 3/19 and 3/26) This very experiential course will prepare you to use the shamanic journey process for self-empowerment.

In the spring quadrant, we will explore three spiritual teachings of the Medicine Wheel. Our intention is to become aware of how the natural world teaches us about ourselves, to allow inspiration to bubble to the surface of our awareness, and to take action in our lives based upon this awareness:

1. **CLARITY** – We will journey to discover more clarity about our journey at this time in our lives.
2. **WISDOM** – We will journey to discover and/or affirm the wisdom of our path and where it is leading.
3. **ILLUMINATION** – We will journey to discover and amplify our inner light.

Location, Schedule, and Energy Exchange: We will circle from 6:30-9:00 pm EST every other Thursday in the virtual world of Zoom. ***The energy exchange is \$300.00.***

To Register: Email info@RhythmOfTheEarth.com or call/text 610-563-3918. To provide your energy exchange follow this [link](#) or scan: Also please visit my website at www.RhythmOfTheEarth.com.



Cyndy "Snake Dancer" Paige received her name from Great Spirit in a profound Vision Quest experience and knew it was a call to a healing path. Snake is universally regarded as a healer and teacher in spiritual traditions throughout the world and has a special place in the Native American medicine tradition. Cyndy is a Council member of the Buffalo Trace Society. Over the course of three decades, she has completed multi-year initiatory apprenticeships with numerous Rainbow Medicine Teachers, a master drummer, a Grammy-nominated sound healer, a pioneer in the world of past life regression, and numerous healers. Cyndy founded Rhythm of the Earth in 2013 to share her knowledge of healing and earth-based spirituality through a private healing practice, one-year and two-year shamanic apprenticeships, vision quest experiences, solstice, and equinox retreats, and frequent workshops. Cyndy has been invited as a guest speaker at conferences and independent schools. Cyndy also creates and assists others to create personal medicine tools such as drums, rattles, medicine bags, and other ceremonial objects. She humbly honors her teachers, both seen and unseen.